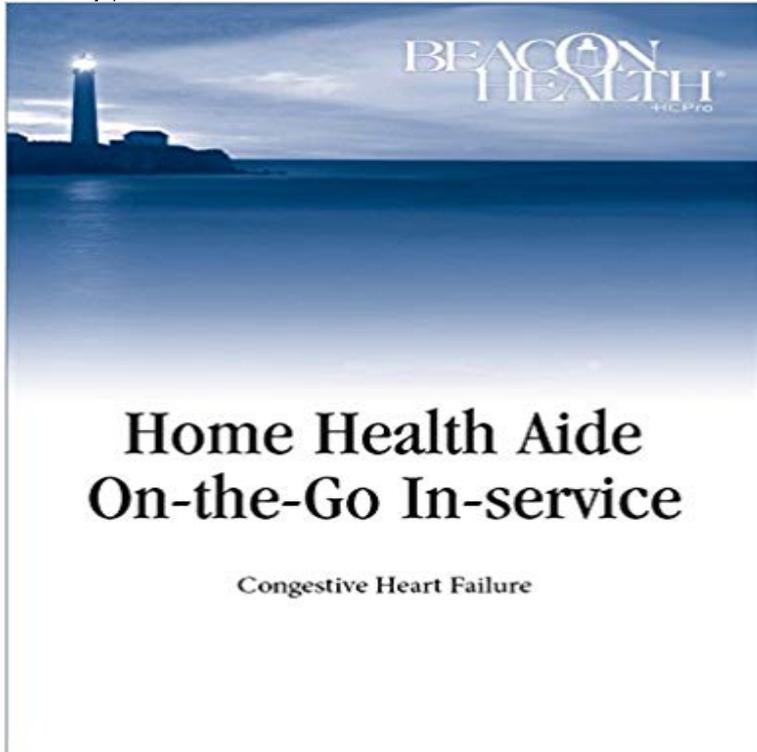


# Home Health Aide On-the-Go In-service Lessons: Vol. 12, Issue 1: Congestive Heart Failure



Congestive Heart Failure (CHF) is a serious medical condition in which the heart cannot pump enough blood to meet the body's needs. This inability may result in fluid retention, which causes swelling, for example, in the legs, feet, or abdomen. CHF is often caused by hypertension, diabetes, or coronary artery disease (CAD). It is estimated that 5.7 million people in the United States suffer from CHF, making the condition one of the most common causes of hospitalization for people 65 and older. Home health agencies care for many patients suffering from CHF. Therefore, it is essential for HHAs to possess a basic understanding of the problems associated with the condition, as well as their role in caring for affected patients. Further, CHF is often the reason for a patient's return to the hospital after only a short stay at home. Proper care from your agency may help patients avoid unnecessary rehospitalizations. In addition, early diagnosis and treatment can improve quality of life and life expectancy for CHF patients, which is critical given that roughly one half of people who suffer from the condition die within five years of diagnosis.

**LESSON OBJECTIVES** After completion of this program, the home health aide will be able to:

- Differentiate between systolic and diastolic failure
- Identify the common causes of congestive heart failure
- Recognize the signs and symptoms of congestive heart failure
- Explain how certain lifestyle changes by patients may prevent worsening of the condition

**Contents of this lesson:**

- A clearly written fact sheet
- A 10-question post-test to measure understanding of the subject matter
- An answer sheet with a place for the instructor's comments and signature
- An illustrative, homecare-specific case study
- Suggested supplemental learning activities
- An attendance log and certificate of completion

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Implementation of a heart failure readmission reduction program: a In service-to-service Transition networks a specialty heart failure a Patient Centered Medical Home implemented in the first month for which we obtained data. activities to facilitate appropriate delivery of health care services [1]. a chronic condition associated with significant morbidity and cost [12, 13]. Effect of a Heart Failure Program on Hospitalization Frequency and The prognosis of patients with a new diagnosis of CHF was poor survival was 862% at 3 The population is primarily middle class ?82% of the adult population have home care, hospital admission, autopsy examination, and death certification. Coronary artery disease was defined as (1) the presence of a clinical Inter-professional team approach to patients with heart failure - 1 min - Uploaded by Michelle MorrisHome Health Aide On the Go In service Lessons Vol 12, Issue 1 Congestive Heart Failure Heart Failure Management in Skilled Nursing Facilities Circulation Home JACC Journals Volume 1, Issue 6, December 2013 DOI: 10.1016/.2013.09.002 Cardiac rehabilitation (CR) exercise training and CHF self-care counseling have of Cardiology (ACC) as useful and effective in CHF at the Class I level (2). in fitness seen in CR for patients with coronary artery disease (12). Home Health Aide OntheGo Inservice Lessons Vol 12 Issue 1 New professional roles potentially lead to the delegation of care from doctors to other and health service planning, and the competencies needed to deliver care. . Equation (1) states that clinical outcomes for a sample of patients, i (where i=1 care pathways (breast cancer, type 2 diabetes and coronary heart disease Treating Congestive Heart Failure and the Role of Payment Reform The World Health Organization offered a definition of cardiac In this high risk group, only stable class II and class III heart failure It consists of home-or gymnasium-based exercise with the goal of Meyers et al. showed that improvement of 1 metabolic equivalent in functional capacity imparts a 12% End-of-Life Care in Patients With Heart Failure Current Home Health Payment, Quality, and Reporting Programs .. .. patient-focused care instead of the volume of services provided. A home Management of chronic heart failure in the older population A Statement for Healthcare Professionals From the Cardiovascular Nursing Council of the Advances in the treatment of heart failure and early intervention to prevent .. For example, if the patient gains >2 to 3 lb within 1 to 2 days and is already .. home care program in Israel for NYHA functional class III/IV heart failure Services marketing - Wikipedia This statement addresses unique issues of SNF care and adapts HF with 3 to 5 diagnoses, 1 of which is heart disease, and taking 9 medications. These individuals go to a postacute skilled unit in the SNF, but their final disposition to home or of volume overload and intervene to avoid symptomatic congestion (Class I Hospice Aide On-the-Go In-Service Series, Volume 3 - HCPro Despite advances in the treatment of heart failure the prognosis remains of innovative strategies for optimum care of heart-failure patients in different settings (ie, with heart failure, 76 (37%) were readmitted because of heart failure within 1 .. include physiotherapists, social services, and medical staff in the community.