

Tried & Tested - 101 Recipes



Would you like recipes that are EASY and that WORK? Not sure where to start? Here you have 101 Tried and Tested recipes that ALL WORK. With soups, poultry, meats, fish, vegetarian, pasta & rice, potatoes, vegetables, dressings, sauces & marinades, desserts, baking and sweet things There's truly something for everyone. With differences you might not have thought of. You don't need an elaborate kitchen full of fancy gadgets. Just follow the easy-but-imaginative recipes, and get ready for: Compliments to The Chef! Read on, get going, enjoy! My recipes are different. Different because they work as in really work, to provide exactly the results they promise with minimal kitchen equipment, preparation time and ingredients. They really are as simple as that. All of these recipes are no fail, if you follow the simple instructions I have set out. I know, because I've personally tried, tested, modified and cooked every single recipe until I have made it the very best that I possibly can, without compromising on flavour. And what you need for each recipe can easily be bought at your local supermarket. So, no more cupboards full of items that have been used only the once and won't be used again which saves money, too! Recipes inside this book:- Butternut Squash Soup, Onion Soup, Pumpkin Soup, Barbecued Drumsticks, Chicken alla Milanese, Chinese Chicken Drumsticks, Devil'd Drumsticks, Honey, Tomato and Mustard Chicken, Hot & Sticky Roast Quail, Italian Chicken Casserole, Marmalade Chicken, Orange & 5 Spice Chicken, Sweet Curry Chicken, Beef Burgers, Beef, Bacon & Mushroom Meatloaf, Beef, Fennel and Mushroom Casserole, Best Beef Balls, Chilli con Carne, Curried Mince with Peas, Gingered Beef Casserole, Keema Curry, Mexican Mince, One-Pot Mince & Macaroni, Stir-Fry Beef with Ginger, Lamb Chop & Bean Bake, Lamb Shanks with Roasted Peppers, Spring Lamb

Casserole
Liver Casserole
Gammon & Vegetable Casserole
Roasted Pork Chops
Sticky Ribs
Apricot & Rice Stuffed Trout
Baked Salmon & Vegetables
Cod with Sauce Vierge
Crab & Pasta Bake
Crab Cakes
Garlic & Mustard Grilled Prawns
Grilled Tuna with Olives and Tomatoes
Kipper Bake
Oriental-Style Salmon
Pan-Fried Trout with Almonds
Salmon Fillets with a Tarragon Sauce
Salmon Fillets with Roasted Vegetables
Smoked Haddock with Sweetcorn
Asparagus Stir-Fry
Borlotti Beans in Coconut Milk
Chickpea & Tomato Curry
Falafel Burgers
Mexican Bean Burgers
Moroccan Mushrooms with Couscous
Noodles with Stir-Fried Chilli
Veg
Pea & Paneer Curry
Savoury Beanfeast
Spinach & Sweet Potato Curry
Stuffed Onion Squash
Sweet Potato & Black Bean Curry
Sweet Potato & Pineapple Korma
Sweet Potato Stew with Beans
Veggie Soba Noodles
Bacon & Pea Risotto
Macaroni Cheese
Salmon & Dill Pasta
Smoked Trout & Pea Pasta
Spaghetti with Garlic Butter
Tuna & Lemon Risotto
Bacon Wrapped Potatoes
Butter Crushed New Potatoes
Creamy Potato & Fennel Bake
Curried Sweet Potatoes
Foil Baked New Potatoes
Hasselback Potatoes
Leek & Potato Bake
Mustard Crusted New Potatoes
Potato and Carrot Bake
Potato Rosti
Spicy Potato Wedges
Sweet Potatoes with Garlic & Rosemary
Asparagus Bundles
Baked Squash with Maple Glaze
Honey Glazed Carrots
Orange Glazed Carrots
Spicy Baked Butternut Squash
Stir-Fried Vegetables
French Dressing
Soy Sauce Salad Dressing
Teriyaki Marinade
White Sauce & Variations
Baked Rice Pudding
Chocolate Dream Pots
Lemon Cheesecake
Pecan, Caramel and Chocolate Tart
Strawberries Romanoff
Bara Brith
Blackberry & Cinnamon Sponge Cake
Cherry & Almond Loaf
Lemon Cake
Orange Marmalade Cake
Toss In Fruit Cake
Chocolate Truffles
Ginger & Banana Cookies
White Chocolate Coconut Truffles

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